

MAC NEWSLETTER

The latest news and updates from the BBHS Multicultural Affairs Council



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Multicultural Affairs Council (MAC)

Our quarterly newsletter centers on the Multicultural Affairs Council's mission to make all members of the Bishop Blanchet Community feel welcome, celebrated, and safe with a focus on students of color and their families.



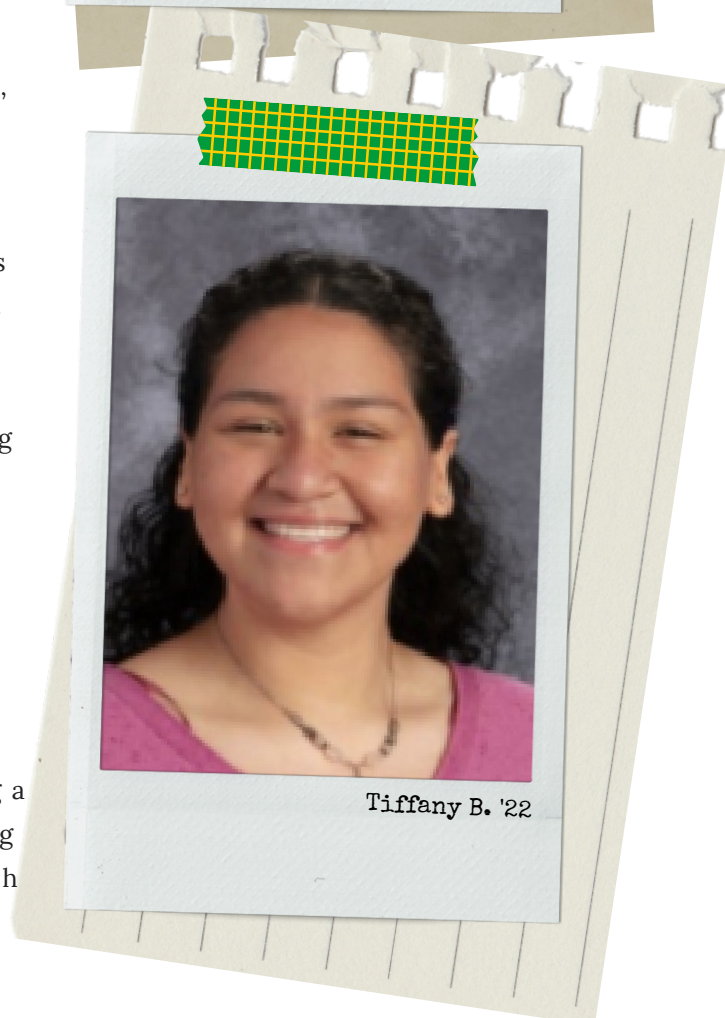
Student Leader Spotlights on Rut Solomon '22 and Tiffany Blanco '22

by Ms. Sofia A. Lopez

It is a pleasure to spotlight MAC student representatives and student leaders Rut Solomon and Tiffany Blanco! Both Rut and Tiffany are seniors incredibly involved in the BBHS community. Rut serves as Co-President of the BBHS Black Student Union and played an integral role as part of the Diversity Week Planning Team. Tiffany serves as part of BBHS's ASB, the Drama Department (look out for her in the *Drowsy Chaperone*), and as a leader on the Kairos Retreat. Both Rut and Tiffany enjoy cultivating a community where their peers feel celebrated, empowered to grow, and where they have fun! In each of their respective roles, they focus on intentionally helping their peers feel included and proud of their diverse backgrounds.

Rut and Tiffany are dedicated student representatives on the MAC. Rut shares that she continues to support MAC's efforts because of the strong sense of community and diversity she has experienced within the council. Tiffany shares a similar sentiment, stating the ability to collaborate with teachers, families, and friends on the MAC contributes to a strong sense of connection to the BBHS community.

As Rut and Tiffany prepare for their next steps after graduation they keep their eyes fixed on continued academic excellence and personal growth. Rut will be attending Seattle University. Tiffany will be attending a college that supports her dreams of singing and acting as a means of helping others heal through art. We wish Rut and Tiffany all the best with their next steps and beyond!



MAC FUN 2022

Save the date for our fourth annual MAC Family Unity Night, a celebration of community, culture, diversity and food! Friday, May 20 at 6:00 p.m. on campus! For more information and to RSVP closer to the event, visit our website by clicking [HERE!](#)

**BISHOP BLANCHET HIGH SCHOOL'S
MULTICULTURAL AFFAIRS COUNCIL
PROUDLY PRESENTS**

Community *Music* *Crafts* *Games*

Blanchet in Bloom

**2022 MAC FUN
FAMILY UNITY NIGHT**

FRIDAY, MAY 20 | 6:00PM-8:00PM

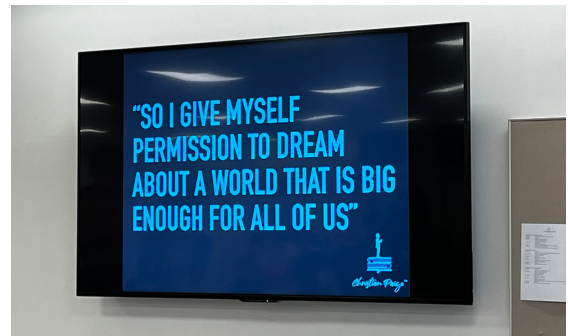
FOOD TRUCKS. RAFFLE PRIZES. PERFORMANCES. AND MORE!

Diversity Leadership Summit 2022

by Ms. Sofia A. Lopez and Leah Mulu '22

On Saturday, March 26, 2022 100+ Bishop Blanchet students and students from five of our partner schools (Bellarmine Prep, Kennedy Catholic, Eastside Catholic, Holy Names and O'Dea) came together for the fourth annual Diversity Leadership Summit: DLS Unplugged: Listen, Learn, and Amplify. This was a historic event, not only in size, but also because this year was the first time held in-person with all of our partner schools!

This one-day student conference focused on providing students with the tools to be leaders in the areas of diversity, equity, and inclusion. Students heard from keynote speakers Christian Paige and Megan Robinson and participated in workshops led by educators and activists in the areas of DEI. Leah M. '22 shared, "DLS has given me a new perspective of myself and the many experiences people have gone through. It has let me grow connections with other students and realize that we all have the same desires for what we want our world to look like." The hope following DLS is that the 100+ students will go forth to their respective schools with the courage and inspiration to listen, learn, and amplify the voices and experiences of others to garner true, transformative change.



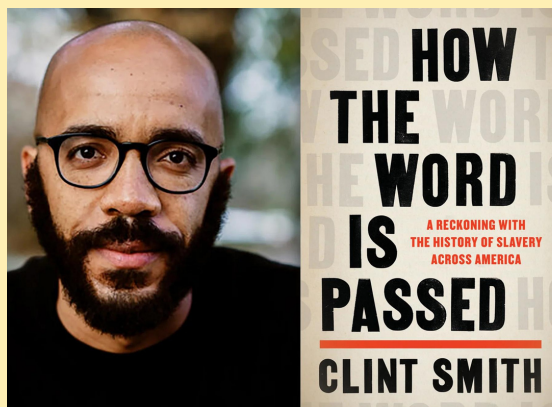
READ. WATCH. LISTEN.

Recommendations from MAC Members

Ms. Newman Recommends

How the Word is Passed: A Reckoning with the History of Slavery Across America by Clint Smith

"A must read for all Americans. An approachable, well written, and impactful work of reflection and insight."



Tiffany B. '22 Recommends

Summer of Soul on Hulu

"This documentary is part music film, part historical record that celebrates Black History, culture, and fashion. As an aspiring musician and Person of Color, I found this documentary fulfilling, eye opening, and all together a good watch that both pushes me out of my comfort zone and is empowering!"



Ms. Lopez Recommends

Mariachi Bonitas de Dinorah Kingler

"This all-female Mariachi will have you in your feels! Their captivating voices and talent will leave you mesmerized! In a male-dominated musical scene, it is empowering to see and hear women with such force."



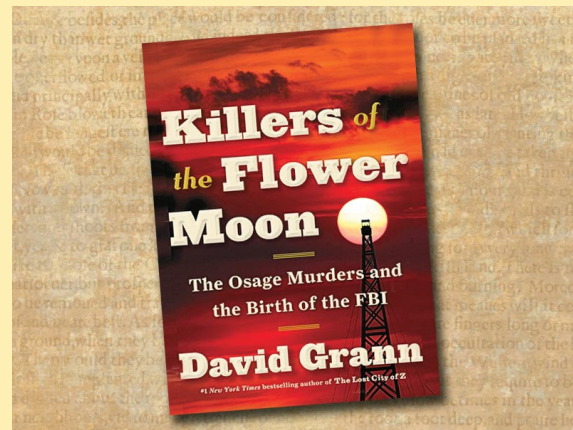
READ. WATCH. LISTEN.

Recommendations from MAC Members

Ms. Holt Recommends

Killers of the Flower Moon by David Grann

"This riveting true crime drama is set in the 1920s, when oil was discovered in Oklahoma. Members of the Osage Nation became the richest people per capita in the world. Then, one by one, the Osage began to be killed off and a newly created FBI was tasked with unraveling one of the most chilling conspiracies in American History."



Mealat M. '24 Recommends

The Best of Enemies a film by Robin Bissel

"This is a film based on a true story about segregation. The two main characters Ann Atwater and C.P. Ellis come together to co-chair a community summit on school integration in Durham, NC. At its core, it is much more than that. It gave me a look at America's history in order to understand why we are where we are today!"



Leah M. '22 Recommends

"Be Alive" by Beyoncé

"This song is from the movie King Richard! Based on the inspiration from Serena and Venus Williams, it talks about the hard work and struggles they went through to achieve what they wanted in life. This is a great song that gives you motivation to persevere through anything that your heart goes out for!"



COOKING WITH KIRA & CARINA



CHICKEN STIR FRY

INGREDIENTS

Stir Fry:

1 pound cubed chicken
breast (or other protein)

Salt, to taste

Pepper, to taste

1 pound broccoli florets

8 ounces sliced mushrooms

3 tablespoons of oil

Sauce:

3 cloves minced garlic

1 tablespoon minced ginger

2 teaspoons sesame oil

1/3 cup soy sauce

1 tablespoon brown sugar

1 cup chicken broth

1/4 cup flour

Serves 6

1. In a large pan on medium-heat, add 1 tablespoon of oil. Once oil is hot, add chicken, salt and pepper, and sauté until cooked through and brown. Remove cooked chicken from the pan and set aside.
2. In the same pan, heat 1 tablespoon of oil and mushrooms. When the mushrooms begin to soften, add broccoli and stir-fry until the broccoli is tender. Remove mushrooms and broccoli from the pan and set aside.
3. Add 1 tablespoon of oil to the pan and sauté garlic and ginger until fragrant. Add the remaining sauce ingredients and stir until smooth.
4. Return chicken and vegetables to the saucy pan, stir until heated through.
5. Serve with hot rice or noodles.

6. Enjoy!

CELEBRATING DIVERSITY WEEK 2022



TOGETHER, A TREASURE

Our 2022 Diversity Week, “Together, a Treasure” was a week of celebrating the richness of diversity within and beyond our Blanchet community. Our celebration consisted of:

- Morning reflections and prayer by Josephine P. ‘22, Christine C. ‘23, Rut S. ‘22, Tiffany B. ‘22, and Señor Villanueva. Their thoughtful reflections highlighted the incredible value each of our individual experiences bring to our shared community.
- Lunchtime trivia that centered the diversity across Seattle!
- A screening of *Alaskan Nets*, generously brought to us by our friends from Seattle’s Clear Sky Native Youth Council.
- All-school assembly, complete with cultural performances, a fashion show, multilingual poetry, and a video highlighting what some of our students, faculty, and staff treasure most about their individual identities. You can watch the video [HERE](#).

We sought to lift up the richness, the treasure, among us. And, what we found is an incredibly rich, dynamic, and vibrant community! Together, we really are a treasure!



Voices of the Boarding School Experience



Urban Native
Education Alliance

by Mr. Jesse McFeron

On February 15th and 17th, members of the BBHS Legacy Council were invited to attend the “Voices of Boarding School Experience” presentation hosted by the Urban Native Education Alliance. Mat Warbonnet (Lakota) spoke both nights, partnering with another survivor on the 2nd evening. The presentation showed both amazing resiliency and powerful, positive outlooks on traumatic situations.

Natasha D. '22:

“Attending the talks was extremely informative and opened my eyes to the personal impact of boarding schools. One of my biggest takeaways was the message of “cry for the grandchildren” highlighting how the schools caused intergenerational trauma that is carried past the people who were first abused. My hope is that Blanchet will be able to come up with a way to educate students about the history and lasting impact of boarding schools.”

Kira B. '22:

“This experience could not be summed up in just a couple of sentences. There is only so much you can learn about the boarding school experience from a textbook but to hear directly from survivors opened my eyes to brand new ideas. The speakers talked about intergenerational trauma, abuse, loss of culture, but also how they got through such terrible times and ways we can move towards healing. I walked away with a greater understanding of the pain they experienced and the responsibility I have as a student at a Catholic school to learn more about boarding schools so that it never happens again. Attending this event was eye-opening and I am grateful I could hear from such inspiring people.”

The shared dialogue and conversations towards resolution and healing will continue. To learn more about boarding schools and the efforts toward healing, click [HERE](#).

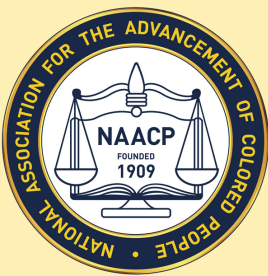


SCHOLARSHIPS

Check out these scholarship resources! Some opportunities are open to high school seniors, some are available to 9th, 10th, and 11th graders, while others are open to current college students. Have another scholarship resource? Please let us know, so we can share it with others in our BBHS community.

SOME TIPS!

- Begin with a list now of scholarships that are good fit for you, with your plans so far.
- Consider applying during the summer between junior and senior year before senior year gets busy.



NAACP list of scholarships, awards and internships:

CLICK HERE!



HISPANIC
SCHOLARSHIP
FUND
A DIPLOMA IS FOREVER™

Hispanic Scholarship Fund - Scholarship Finder:

CLICK HERE!



APIA (Asian Pacific Islander American) Scholars:

CLICK HERE!



Seattle Foundation administers over 50 scholarships locally for folks from many backgrounds:

CLICK HERE!